



We understand this is a difficult enough time for you and the uncertainty brought about by the Coronavirus / COVID-19 pandemic may be causing additional anxiety. With the rapidly changing situation, we wanted to take the time to reassure you that our priority is to protect everyone as much as we possibly can, so that we can continue to provide a service to you.

In response to the outbreak, and updated advice from the UK Government, Jigsaw (South East) have adapted our service as follows:

- Suspended all home visits
- Suspended all face to face 1:1 sessions
- Will be moving our service online and to telephone contact.

Your support worker is still available through phone or email.

This is an ongoing process that is being set up, but in the meantime our office staff are available on **01342 313895**

We will continue to review and monitor government advice and will provide updates of our contingency plans and service provision in the coming weeks on our website: <https://www.jigsawsoutheast.org.uk/>

For up to date information and advice about Coronavirus / Covid-19 please look at the NHS website: [www.nhs.uk/conditions/coronavirus-covid-19/](http://www.nhs.uk/conditions/coronavirus-covid-19/)

The following information may be of use to adults for talking to children about the Coronavirus and addressing questions or concerns they have. View the [WHO poster here](#) for helping children cope with related stress and you can see a useful BBC article here: [www.bbc.co.uk/news/uk-51734855](http://www.bbc.co.uk/news/uk-51734855)

Unicef has also produced a very useful video: [https://www.youtube.com/watch?v=ujWFj\\_6FaMY](https://www.youtube.com/watch?v=ujWFj_6FaMY)

Stay Safe

Jigsaw (South East ) Team

