

FAMILY NEWSLETTER

Jigsaw Summer Family event!

26th July: Airhop, Guildford, 6 - 8pm | Free bounce & food!

Come join us at our summer event. A fun evening of 'bouncing', food, meeting other families and celebrating the work of the charity. Airhop have generously donated exclusive use of their venue for this event! Children and young people aged 4 + are welcome to come and enjoy the evening.

Please book your place by July 10th using the link below!

BOOK NOW ▶



SAVE THE DATE!

10th August - Preparing for loss Summer Activity
23rd August - Grief Summer Activity

**MORE DETAILS
COMING SOON!**

MEET THE TEAM

Hi!



We're the Grief team.

Our role is to provide support to children, young people and families after the loss of a loved one. Our tailored bereavement support can help guide families through this difficult time by answering questions around death, liaising with relevant professionals and by providing guidance, support and information on a range of issues related to grief and loss.

We also offer support through the delivery of age relevant family grief support groups as well as opportunities to meet with other families at our social events and activities.

Meet the team...



Mandy



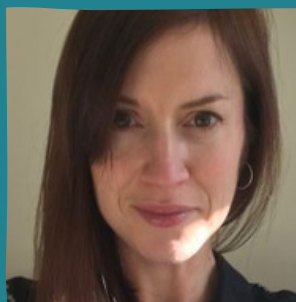
Sue



Sarah



Katie Taylor



Katie Stratton



Sharon

FAMILY FUN!

Families enjoyed a fantastic day at Go Ape

In May Half Term our families were invited to join us at Go Ape, Chessington. We were so proud of all the young people bonding, whilst conquering 12-meter high ziplines, wobbling crossings and climbing walls. The young people did a fantastic job supporting each other through the course. A few managed to face some fears and everyone showed great self-belief. Our families all left with big smiles on their faces and an experience we hope they will always remember.



PARENT FEEDBACK

In our daily lives it is hard to find people who are going through the same experience as us. The most memorable time was had by all.'

FUNDRAISING NEWS

Tremendous trekkers!

Siblings Annie and Ali took on the Isle of Wight Challenge walking an incredible 106km in just two days and raised £7412 for Jigsaw in memory of their cousin.

[READ MORE](#) ►



Jigsaw have offered invaluable support to our cousin's family.

OUR VOICE MATTERS SURVEY

A chance for children to give their view!

Our Voice Matters is an online survey for 8-25 years olds living in Surrey. It is a chance for young people to tell those making decisions about schools, health and the environment what they think. There is a chance to win a £100 Love2Shop voucher for completing the survey by 31st July 2022.

[LEARN MORE](#) ▶

INFORMATION SESSION (ONLINE)

Wednesday 13th July | 7pm

**Preparing for Loss Team
Parent/Carer**

How to prepare your child/young person for a bereavement.

[BOOK](#) ▶

Useful links

National [The Mix](#)

Surrey [Mind Works](#)

Sussex [e-wellbeing](#)
[Recipes 4 Wellbeing](#)

SHARE YOUR THOUGHTS

We'd love to know your thoughts about our service! Email us at feedback@jigsawsoutheast.org.uk and let us know how we're doing.

Follow us on social media @jigsawsoutheast

Contact us

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